

Mental Health Hotlines

National Suicide Prevention Lifeline
www.suicidepreventionlifeline.org
800-273-TALK

Veterans Crisis Line
www.veteranscrisisline.net
800-273-TALK (8255) Press 1
Text a message to 838255

Crisis Text Line
www.crisistextline.org
Text HELLO to 741741

JED Foundation (Teens, Young Adults)
www.jedfoundation.org
Text START to 741741
800-233-TALK

National Domestic Violence Hotline
www.thehotline.org
800-799-SAFE

National Child Abuse Hotline
www.childhelp.org
800-422-4453

Trevor Lifeline (LGBTQ)
www.thetrevorproject.org
866-488-7386
Text START to 678678

Substance Abuse and Mental Health Services
Administration (Alcohol, Drug Addiction)
www.samhsa.gov/find-help/national-helpline
800-662-4357

Mental Health Information

National Institute of Mental Health
www.nimh.gov
866-415-8051

National Center for Post-Traumatic
Stress Network
www.ptsd.va.gov
802-296-6300

National Institute of Alcohol
Abuse
www.niaa.nih.gov
301-443-3860

National Institute of Drug
Abuse
www.drugabuse.gov
301-443-1124

Jason Foundation
www.jasonfoundation.com
615-264-2323
Prevents teen suicide

American Foundation For
Suicide Prevention
www.afsp.org
212-363-3500



<https://screening.mhanational.org/screening-tools>