

Mental Health COVID-19 Resources



www.virusanxiety.com



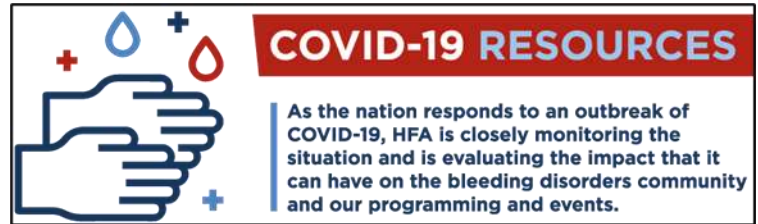
www.psychhub/covid-19/



www.afsp.org/mental-health-and-covid-19



www.hemophilia.org/newsroom/COVID-19-information



www.hemophiliafed.org/news-stories/2020/04/coronavirus-covid-19-what-hfa-is-doing

Mental Health Care

Psychology Today

www.psychologytoday.com

This website provides the opportunity to browse mental health professionals by location, specialties and form of payment accepted.

Depression and Bipolar Support Alliance

www.dbsalliance.org

DBSA offers support groups for individuals living with depression and bipolar disorder.

National Alliance on Mental Illness

www.nami.org

NAMI provides support groups for the individual living with a mental illness and his/her family, advocates for mental health issues and works to reduce stigma

Better Help

www.betterhelp.com

Both organizations offer remote therapy sessions with licensed mental health professionals

Talk Space

www.talkspace.com

Give An Hour

www.giveanhour.org

Website listing of mental health professionals who have agreed to provide short term psychological counseling to veterans and their families free of charge

Grief Share

www.griefshare.org

Grief Share facilitates support groups throughout the country for individuals experiencing loss and grief.